

HANNAH CLAUDIA CAI, MS, RD

CONTACT

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EDUCATION

2023 . ALTA Language Services, Inc.
Breaking Boundaries in Healthcare®, 40-Hour Medical Interpreter Training

2021 M.S. Tufts University Friedman School of Nutrition Science and Policy,
Tufts Medical Center
Combined Master of Science/Dietetic Internship

2019 B.S. Cornell University, College of Agriculture and Life Sciences
Nutritional Sciences (magna cum laude), *Didactic Program in Dietetics*

2015 - 2016 Emory University, College of Arts and Sciences

CERTIFICATES & LICENSES

2023 Qualified Medical Interpreter - Spanish, *ALTA Language Services, Inc.*
2021 - present Registered Dietitian, *Commission on Dietetic Registration*

EMPLOYMENT

April 2022 - present Outpatient Pediatric Dietitian, *Rutgers Robert Wood Johnson Medical School*
Jan - June 2022, Health Desk Writer, *Meedan*
July - Sep 2021

AWARDS AND RECOGNITIONS

June 2023 Robert Wood Johnson Medical School Employee of the Month
Feb 2023 Pediatric Nutrition Practice Group Professional Development Stipend
May 2021 Rebecca Roubenoff Award for Excellence in Clinical Nutrition and Dietetics
May 2021 Marianne Louise Mock Dallas Memorial Fund Award
May 2021 Jonathan M. Tisch College of Civic Life Honos Civicus Society
Feb 2020 Friedman School of Nutrition Science and Policy Scholarly Travel Grant
July 2019 Edna Page Langholz Memorial Graduate Scholarship
June 2019 M. Elizabeth Vaughn Scholarship; Stern Scholarship
Mar 2019 CALS Alumni Association Grant
Sept 2018 New Jersey Association of Nutrition and Dietetics Minority Scholarship
Dec 2016 CALS Alumni Association Grant
2016 - 2019 CALS Dean's List
May 2015 The Rotary Club of the Princeton Corridor Scholarship
May 2015 West Windsor-Plainsboro High School North Barbara Masonis Scholarship
May 2015 West Windsor-Plainsboro Bicycle and Pedestrian Alliance Scholarship
May 2015 West Windsor-Plainsboro High School North PTSA Scholarship

RESEARCH ACTIVITIES

May 2020 - Aug 2020 Qualitative Data Intern, Food Aid Quality Review, *Tufts University Friedman School of Nutrition Science and Policy and USAID*

Nov 2019 - May 2021 Directed study: Evaluating and advancing the quality of online health information, *Tufts University Friedman School of Nutrition Science and Policy*

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Jan - May 2019	Laboratory Assistant, Haas Lab, <i>Cornell University College of Human Ecology</i>
June - Aug 2018	Research Department Intern, <i>Children's Specialized Hospital</i>
June - July 2017	Immigrant Health and Cancer Disparities/Food to Overcome Outcome Disparities Program Intern, <i>Memorial Sloan-Kettering Cancer Center</i>
June - Aug 2016	Laboratory Assistant, Haushofer Lab, <i>Princeton University Busara Center for Behavioral Economics</i>

PROFESSIONAL MEMBERSHIPS

2020 - present	“Up Next” Photographer, Diversify Photo
2016 - present	Member, Academy of Nutrition and Dietetics <i>Hunger and Environmental Nutrition DPG, Pediatric Nutrition Practice Group</i>

LANGUAGES

English (native)
Spanish (professional working proficiency)
Cantonese and Mandarin (limited working proficiency)

PUBLICATIONS

Peer-Reviewed Articles

Cai HC, Dwyer JT. Can You Trust Dr. Google™ for Health and Nutrition? *Nutrition Today* 2021; 56(5).
<https://doi.org/10.1097/NT.0000000000000504>

Cai HC, King LE, Dwyer JT. Using the Google™ Search Engine for Health Information: Is There a Problem? Case Study: Supplements for Cancer. *Current Developments in Nutrition* 2021; 5(2).
<https://doi.org/10.1093/cdn/nzab002>

Schultz WM, Varghese T, Heintz RE, Dhindsa DS, Mahlof EN, **Cai HC**, Southmay G, Sandesera PB, Eapen DJ, Sperling LS. Cardiovascular disease risk reduction in diabetes through conventional and natural approaches. *Cardiovascular Endocrinology & Metabolism* 2017; 6(4):128-135.
<https://dx.doi.org/10.1097%2FXCE.0000000000000134>

Schultz WM, Varghese T, Heintz RE, Dhindsa DS, Mahlof EN, **Cai HC**, Southmay G, Sandesera PB, Eapen DJ, Sperling LS. Natural Approaches in Diabetes Management: A Review of Diet, Exercise, and Natural Products. *Current Pharmaceutical Design* 2018; 24(1):84-98.
<https://doi.org/10.2174/1381612822666161216114108>

Presentations and Projects

Cai HC. [The Clinician's Response to Food Insecurity: A Practical Guide](#). 2023.

Cai HC. [Decoding Eco-Labels](#). 2021.

Cai HC. [A Biblical Approach to Intuitive Eating](#). 2020.

Cai HC, Ryan MR. [Is organic food more healthful than conventional food?](#) Cornell Organic Symposium 2018.