



Summer 2023

iPhone Photo Journal

Summer 2023 Reads

Mending Life

A Handbook for Repairing
Clothes and Hearts

Nina and Sonya
Montenegro

- Every Good Endeavor (Tim Keller)*
- The Meaning of Marriage (Tim Keller)*
- Mending Life (Nina & Sonya Montenegro)*
- You Just Need to Lose Weight (Aubrey Gordon)*
- Instrument in the Redeemer's Hands (Paul David Tripp)*
- Sharper Strokes (Harold Bullock)*
- How to Sew Clothes (Amelia Greenhall and Amy Bornman)*
- Maybe You Should Talk to Someone (Lori Gottlieb)*

An Open Letter to the Women Who Made My Shirt

My stitches pitter-patter
ring up and down in
stitches echo, layer,
with yours, in a dan
am sitting in front of
fabric through, just
this garment with it
ment was likely one
you made that day, n
it in my closet. Yet
dialogue, a conversa
and space, a momen
two humans who w
your beautiful hair, b
face is hidden from
you sew quickly, w
but also with bore
about your morning
moments when you
think is beautiful. I
wonder how you pe



*When we mend, we are participating in the
healing of the world, as mending is a
profound act of restoring integrity to an
object and our relationship to it.*

I vow to honor
garment, time and
reinforcing its sea
threads. These stitc
fully to you.

-Nina

NINA AND SONYA MONTENEGRO

Solo date to hidden gems in the state



UNFOLD 92ES

64



▶ NP400PR

UNFOLD 92ES



▶ 6

AAEAAF

UNFOLD 92ES

64



▶ NP400PR

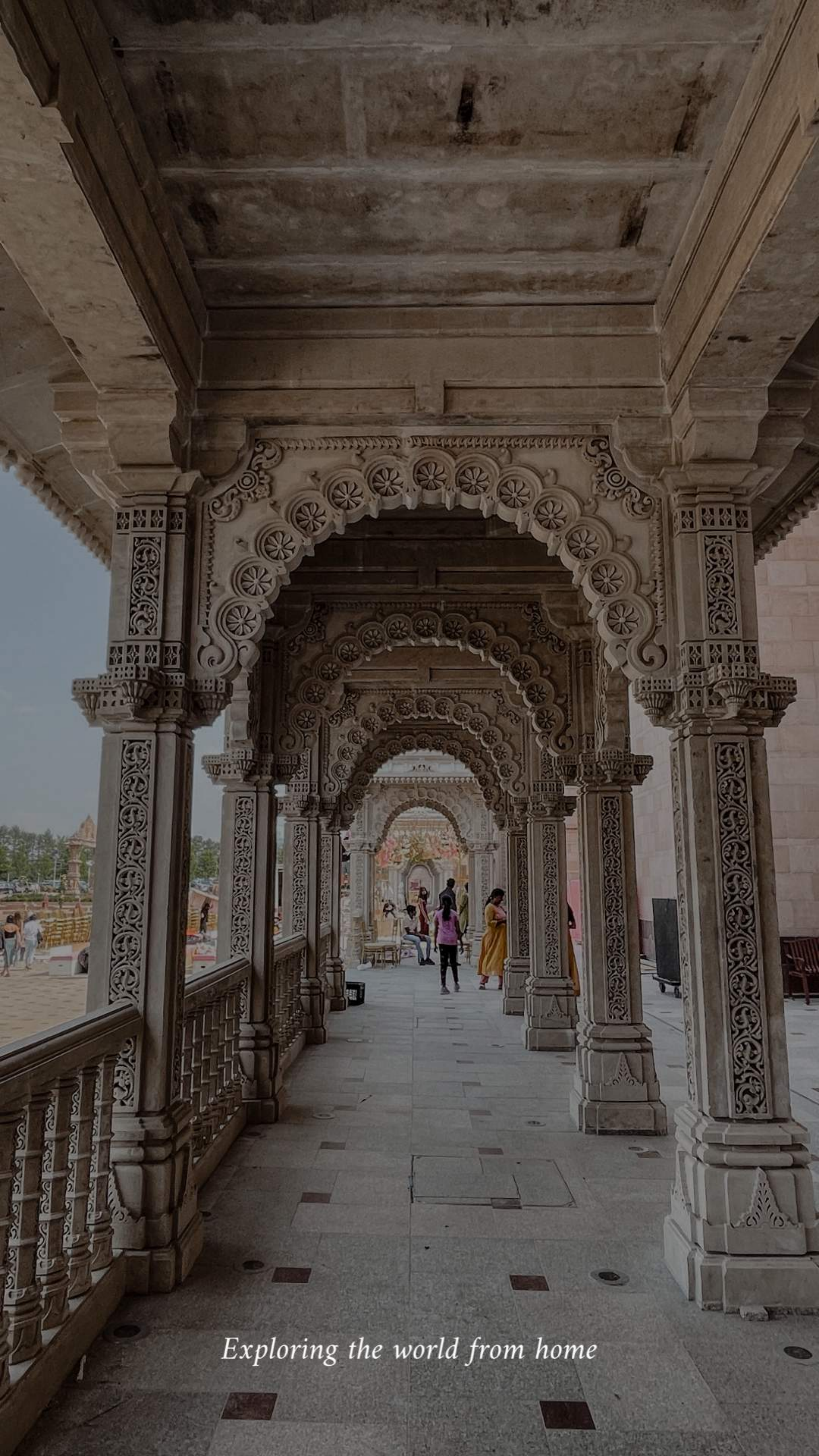
UNFOLD 92ES



▶ 6

AAEAAF

Thank you for filling my heart and belly so ❤️



Exploring the world from home



UNFOLD 2010TX

64

UNFOLD 2010TX



UNFOLD 2010TX

91

UNFOLD 2010TX



UNFOLD 2010TX

65

UNFOLD 2010TX



UNFOLD 2010TX

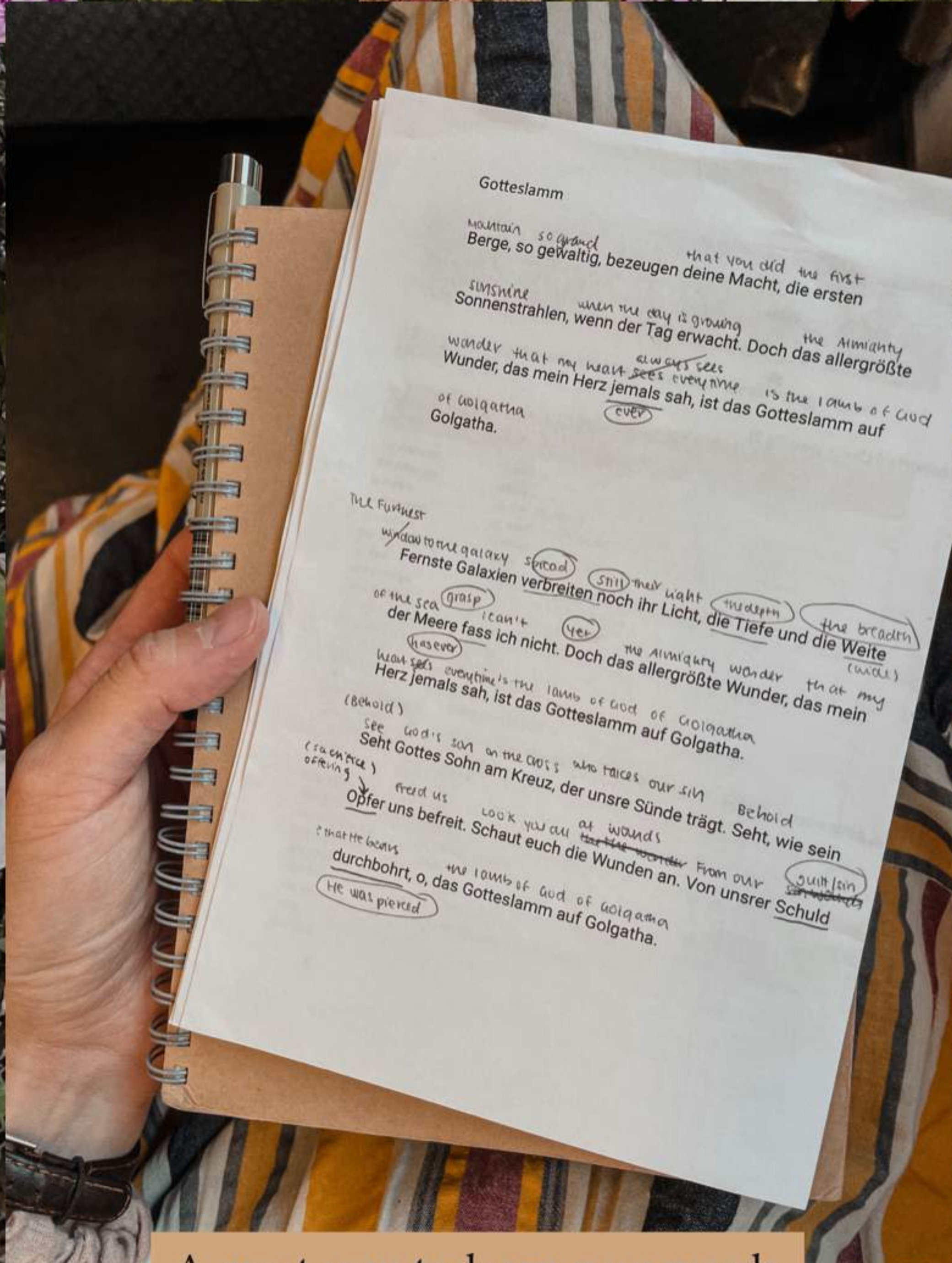
92

UNFOLD 2010TX





Garden state bounty



A great way to learn new words

Encountering divinity while stuck in the dirt



To:
"Miss Hannah"
let me know if you

Things I like about
★ Ms. Hannah ☺
☺ you are pretty
☺ you make good cookies
★ you are nice
☺ you are kind
★ you let me have gaffis
☺ you let me play with to's
☺ you color ed with time
☺ you have a nice smile



look in
LOVE

MISS HANNAH



UNFOLD 2010TX

23

64

UNFOLD 2010TX



UNFOLD 2010TX

91

UNFOLD 2010TX



UNFOLD 2010TX

24

65

UNFOLD 2010TX



UNFOLD 2010TX

92

UNFOLD 2010TX

Lambertville with three special beans ✨





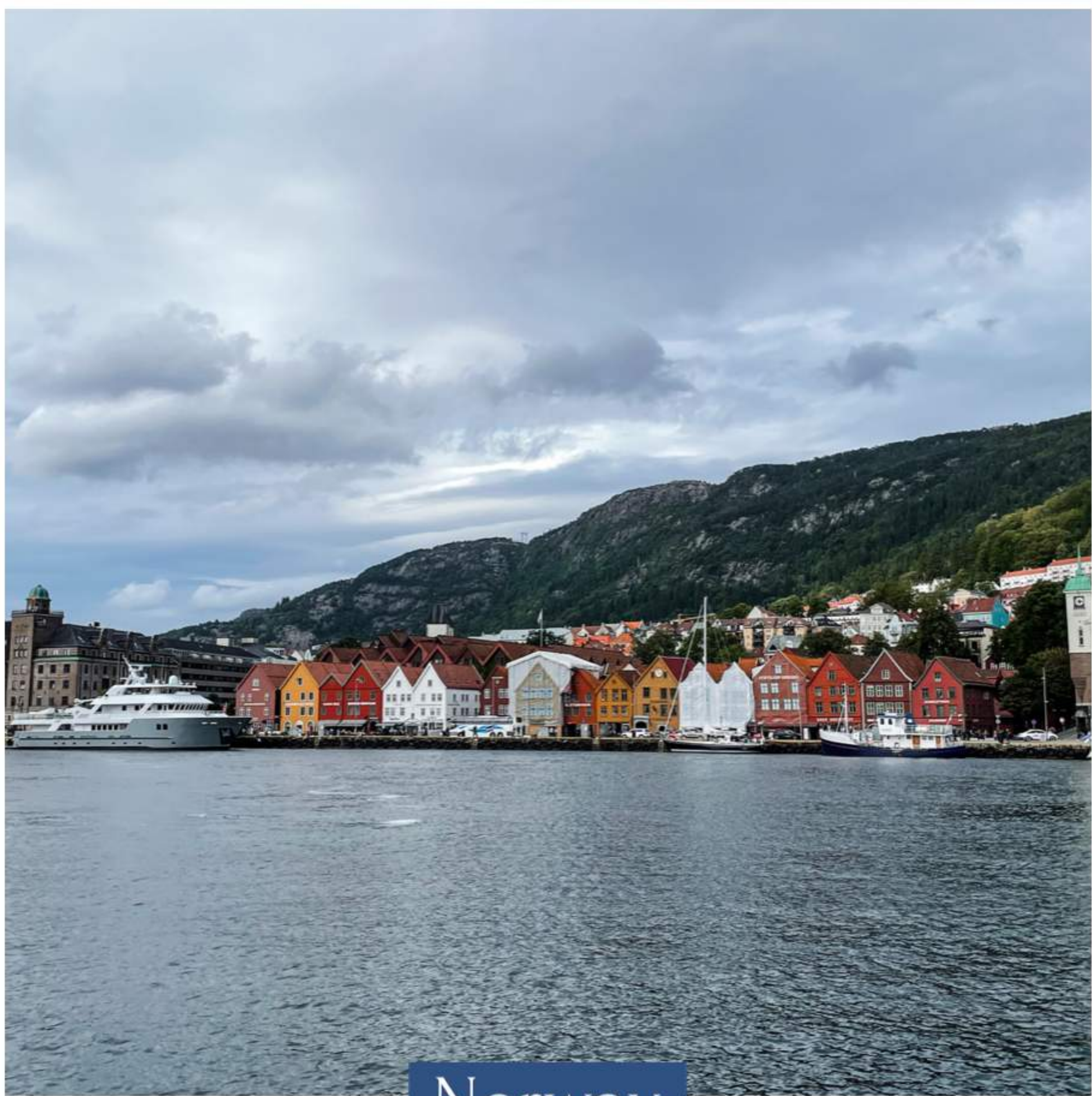
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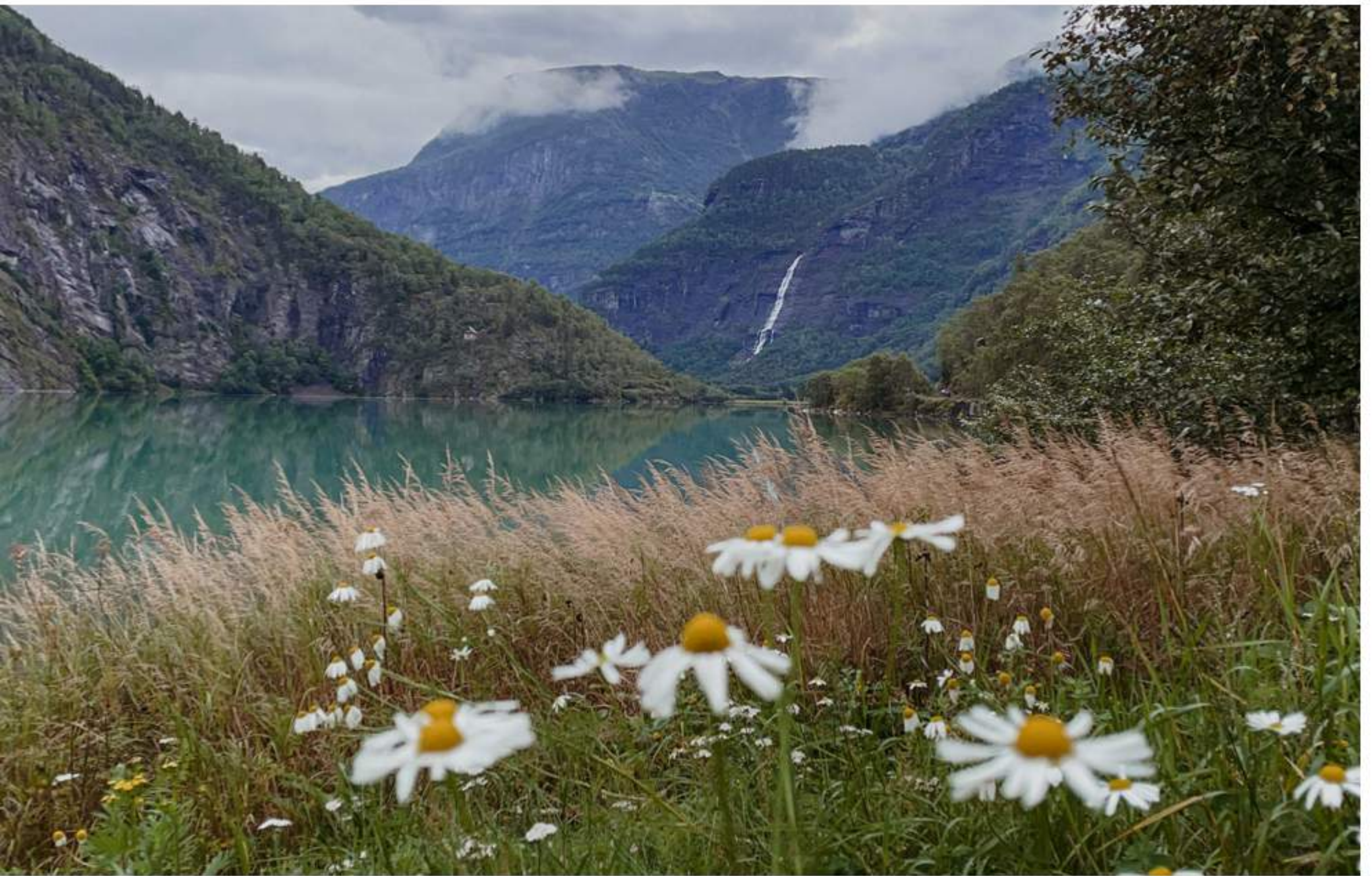
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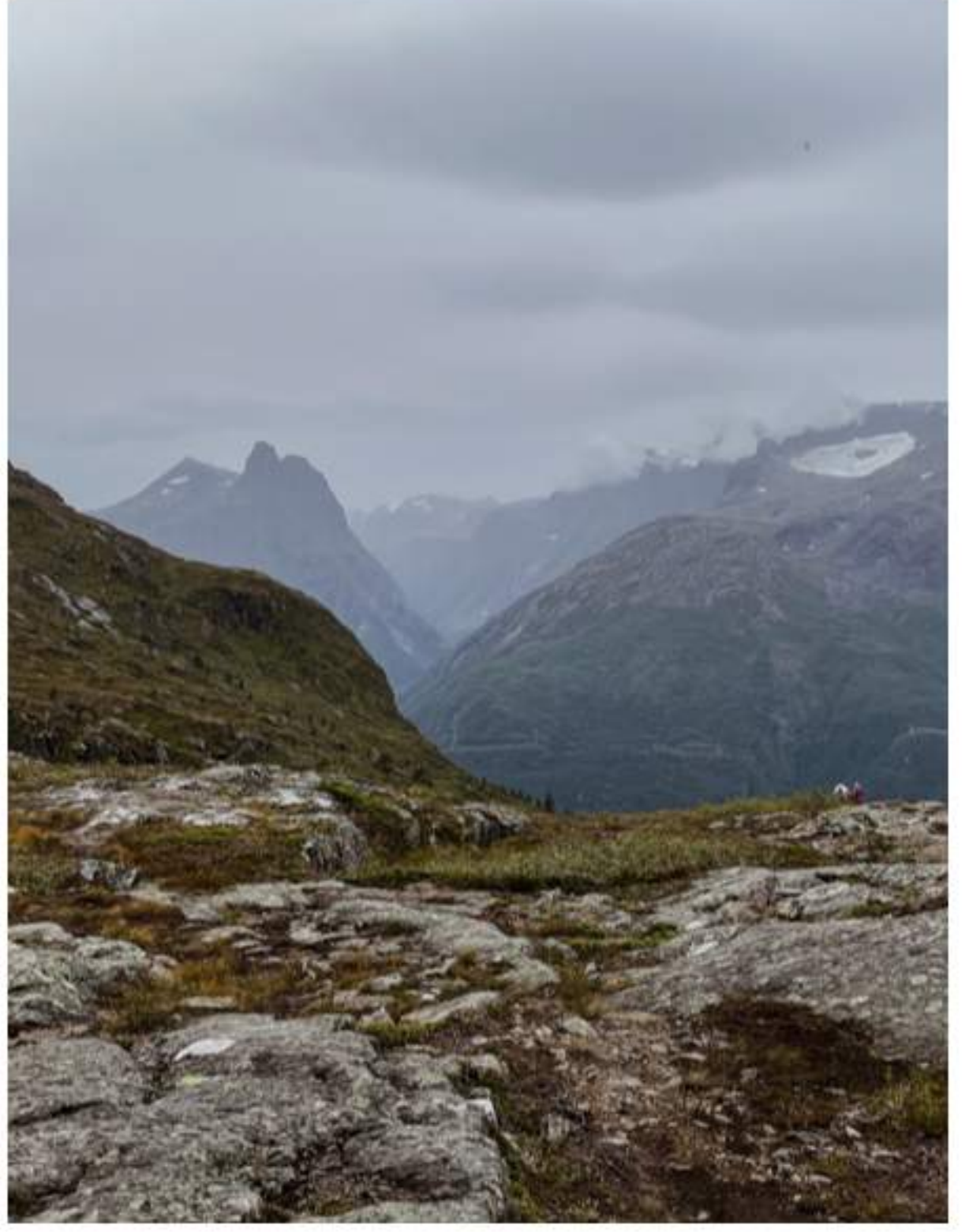






Norway









Belgium







PASTRIES

England



ESPRESSO BAR

HAGEN

S & S

INGS

LAMB TAVERN

LAMB TAVERN

LAMB TAVERN


LAMB TAVERN

LAMB TAVERN

LAMB TAVERN

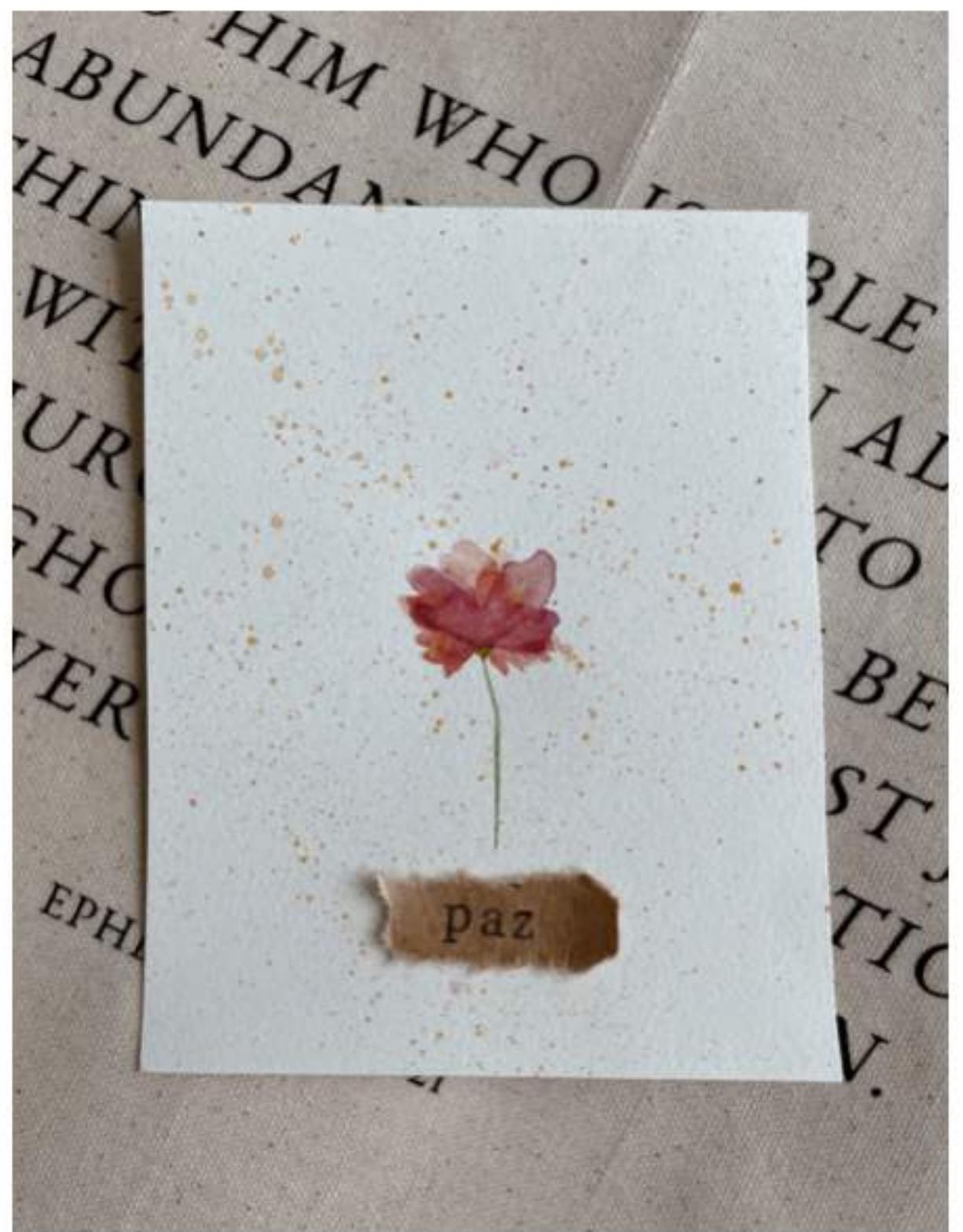
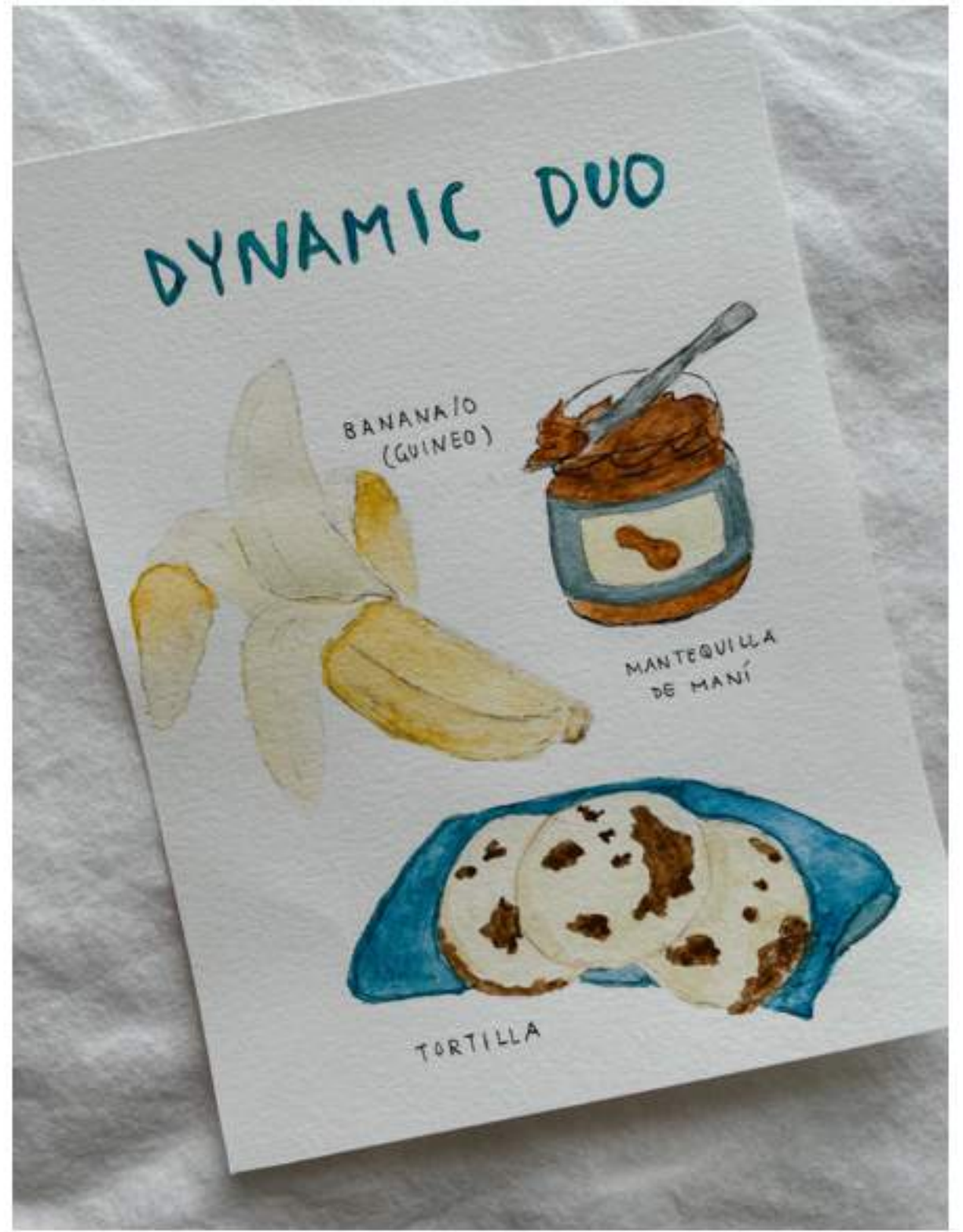
LAMB TAVERN

SUNSHINE
SUNSHINE



NOW TO HIM WHO IS ABLE TO DO FAR
MORE ABUNDANTLY THAN ALL THAT WE
ASK OR THINK, ACCORDING TO THE POWER
AT WORK WITHIN US, TO HIM BE GLORY IN
THE CHURCH AND IN CHRIST JESUS
THROUGHOUT ALL GENERATIONS,
FOREVER AND EVER. AMEN.

EPHESIANS 3:20-21



Found my grandmother's old travel sewing kit as I was embarking on a new project. Both of my grandmothers taught me to sew in elementary school and I'm rediscovering the joy of making this season.



Made a dress! Not doing it again!



Thrifted gems

